



Don't forget to eat your vegetables.

# Red Oak Community School Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December 2018

## MONDAY

**People with Disabilities** 3  
 French Toast Sticks  
 Sausage Patty  
 Buffalo Chicken Calzone  
 Turkey BLT Wrap  
 Breakfast Potatoes

## TUESDAY

Chicken Fajitas 4  
 BBQ Rib Sandwich  
 Egg & Chicken Salad Slider Combo  
 Black Beans

## WEDNESDAY

**HOM Persimmon** 5  
 Crispy Chicken Nuggets  
 Whole Grain Dinner Roll  
 Italian Turkey Panini  
 Pretzel Bites w/Cheese Cubes  
 Green Beans

## THURSDAY

All American Burger Basket 6  
 BBQ Sandwich Basket  
 Ham Deli Sandwich  
 Golden French Fries

## FRIDAY

Hot Ham & Cheese Flatbread 7  
 Chicken & Gravy Over a Biscuit  
 Yogurt Pak with Bagel  
 Garlic & Herb Broccoli

10

Sweet n Sour Chicken Bites Over Rice  
 Green Peas  
 Noon Release

11

**Have a Bagel Day**  
 Pizza Bagel  
 Buffalo Chicken Fajita Wrap  
 PB&J Sandwich  
 Roasted Broccoli

12

Soft Beef Tacos  
 Lettuce, Tomato, Cheese  
 Roasted Hot Dog on a Bun  
 Pizza Munchable  
 Mexican Street Corn

13

**HOM Sage**  
 Chili  
 Cinnamon Roll  
 Italian Meatball Sub  
 Ham Deli Sub Sandwich  
 Sage Parmesan Pasta

14

Crispy Chicken Sandwich  
 Lasagna Rollup with Sauce  
 Garlic Toast  
 Crispy Chicken Salad  
 Caesar Salad  
 Chocolate Chip Cookie

17

**Maple Syrup Day**  
 Dutch Waffle  
 Egg Patty  
 Syrup  
 Southern Chicken Biscuit  
 WG Chips, Salsa & Cheese Cubes  
 Breakfast Potatoes

18

Macaroni & Cheese  
 Chicken and Cheese Quesadilla  
 Turkey BLT Salad  
 Pinto Beans

19

Chicken Tender Basket  
 French Bread  
 Fish Nugget Basket  
 French Bread  
 Chef Salad  
 Dill Seasoned Potato Wedges

20

**HOM Cabbage**  
 Walking Taco  
 Lettuce, Tomato, Cheese  
 Meatloaf  
 Beef Taco Salad  
 Coleslaw

21

All American Burger  
 Cheesy Italian Flatbread  
 Yogurt Pak with Pretzel Bites  
 Broccoli Salad

24

No School-Winter Break

25

No School-Winter Break

26

No School-Winter Break

27

No School-Winter Break

28

No School-Winter Break

31

No School-Winter Break

1



Regular PK-3	\$2.55
Regular 4-12	\$2.70
Reduced	\$0.40
Adult	\$3.70
Milk	\$0.45

## HARVEST OF THE MONTH



## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.  
 Entree Salads are served with Dinner Roll  
 For questions or comments, contact Mindy Riibe at 712-621-0042 or email riiem@roschools.org

